

Creating Community Vitality Profiles

Group 4: Youth and Families at Risk (designated CSSS territories in region 11: Gaspésie-Îles-de-la-Madeleine)

Scenario

Your NPI network has identified health and social issues affecting English-speaking youth and families in certain CSSS territories in your region. The network is offering a partnership with the CSSS to promote public health information and adapt CSSS services to families and youth to meet specific needs of the target groups in English-speaking communities.

Your objective is to prepare a portrait of vulnerability of youth and families in your English-speaking communities, and present it at a meeting of the CSSS with your network. The CSSS has already partnered with you on other NPI initiatives.

Your desired outcome is that the CSSS agrees to a public health promotion strategy to reach vulnerable youth and families, and to adapt its clinical project for youth and families to meet the needs of vulnerable and under-served English-speaking communities. The NPI group also wants to be involved in the formulation of approaches specifically directed to vulnerable groups.

Tasks

Using the Quebec Social and Health Survey information (BDR 07-08) and the demographic and socio-economic profile of English-speaking communities in your designated CSSS territory (or territories), create a portrait of the characteristics of vulnerability of youth and families in your target communities.

- Review information from the pertinent sections of the BDR 07-08 Quebec Social and Health Survey (examples: sections related sample population characteristics, food insecurity, perceptions of health status, mental health, suicidal ideas and attempts, tobacco use, alcohol consumption, consumption of drugs and psychoactive substances, health behaviour of women, and social support environments of the target vulnerable groups).
- Define the different population or sub-group characteristics that you will use in your presentation to the CSSS. Look at the different socio-economic and population characteristics in the tables that constitute risk factors for vulnerable youth and families in the target population.
- Make the link between the vulnerable groups in the survey information (BDR 07-08) and information you have on English-speaking persons (companion document of CSSS-level population characteristics).
- Identify other sources of information (real) that you would like to use to build your case (but cannot be available for the exercise)
- Fill out the attached template to prepare for your presentation

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1. Provide a brief narrative statement of the impact of the health and social issues affecting youth and families, as you understand them now. The inspiration of the narrative can be based on current community initiatives, consultations, reports and other sources of information that define the NPI group's current understanding of the issue and motivate it to take action. This provides a NPI community context for action.

2. What are the characteristics that describe the health and social issues you are working on? What are the specific characteristics of the English-speaking population of the territory or region (including the youth and family sub-groups) and the link between these characteristics and the general social and health survey information presented in the BDR document?

- Build your evidence base from the tables citing the information that most forcefully supports your case; identify vulnerable groups; identify the characteristics of vulnerability; identify the links between factors such as income, employment status, marital status, gender, language and the risk factors related to the health and social issues.

3. Describe your objective in the meeting with the public partner (for example recommendations for partnership and collaboration with public health, public partner, additional research, collaboration on regional policy, participating in identifying priorities)

- Identify any recommendations for action or partnership

4. Organize the meeting with the public partner. Decide your spokespeople, method presentation, role of other team members; and conduct a trial run if you have time.