

# Life history

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## Childhood

Place & birth date  
Parents & grand-parents  
Sisters & brothers  
Primary education  
pets

## Adolescence

High school name, details  
Favourite Subject  
Likes & friends  
Sports & activities  
First job

## Young adult

College & university  
Weddings, love connections  
Family  
Association & volunteers work  
First home  
Military service

## Adult

Grand-children  
hobbies  
Professional & family role  
Clubs and organisations  
membership  
volunteer

## Senior

Life success & accomplishments  
hobbies  
Travel  
Family

## Other ingredients

Ethnic origin & religion  
Personality Type  
Special talents  
Likes & interests  
fears  
Reactions to life events  
Life style

